

## Demarest Public Schools

August, 2011

The following is a list of indicators to assist you in knowing when to *keep your child home from school*.

- Vomiting within the last 24 hours.
- Diarrhea within the last 24 hours.
- Temperature of 100 degrees or higher within the last 24 hours. (Child may return to school when “fever free” **WITHOUT** taking anti-fever medication for 24 hours).
- Strep is suspected. (Results of a throat culture have not been received).
- Positive throat culture for strep throat. (Child may return to school no sooner than 24 hours after antibiotic treatment has begun).
- Any symptoms of acute illness such as persistent cough, runny nose with body aches.

***Your child should look and behave like him/herself for 24-48 hours before returning to school!***

### **WHY???**

To protect him/her from exposure to more infection before he/she is able to build up a resistance.

To protect the other children and school staff from communicable disease that your child may transit.

Please...promote hand washing in the family.

**HAND WASHING IS THE MOST EFFECTIVE MEANS OF PREVENTING THE SPREAD OF COMMUNICABLE DISEASES!!!**

