

Demarest PTO News

Week of March 4, 2019



MARCH

- Thu 3/7 PTO Meeting LLE 6:30 pm
- Mon 3/11 Speaker Series 7:00 pm, NV Demarest
- Tues 3/12 BOE Prelim Budget/COW 7:00 pm
CRS Media Center
- Thu 3/14 No Homework Night
- Sat 3/16 International Day LLE 12:00 pm
- Tues 3/19 BOE Regular Meeting 7:00 pm
CRS Media Center
- Thu 3/21 Coffee with the Superintendent
8:30 am, DMS
- Fri 3/22 PTO Fundraiser Montammy 8:00 pm
- Mon 3/25 2nd Grade Trip to Bergen PAC
- Tue 3/26 Principal's Challenge LLE 3:15 pm
Enrichment Makeup Class from 2/11
- Thu 3/28 Principal's Challenge CRS 3:15 pm
- Fri 3/29 First Grade Play 1:30 pm
Hola Espanol Enrichment Makeup Class



APRIL

- Mon 4/1 Speaker Series 7:00 pm, NV Old Tappan
- Tues 4/9 BOE COW 7:00 pm, CRS Media Center
- 4/15-2/19 School Closed - Spring Recess
- Fri 4/26 2nd Grade Play 1:30 pm
- Mon 4/29 - Wed 5/1 6th Grade Fairview Lake Trip
- Tues 4/30 BOE Public Budget/Regular Meeting
7:00 pm, CRS Media Center



Presidents' Corner

Welcome March, our first full month with no days off, so our No Homework night on 3/14 will be very much needed for some family quality time. Congratulations, Mrs. Konight and all the winners of the Crazy Hat Parade contest!!! It was amazing to see all the places our students and families have gone!!

Let's get ready for some fun activities happening in March, such as our Spring Fundraiser on March 22nd at Montammy Country Club. It's not too late to send in any donations or sponsorships you may have and don't forget to buy your tickets on MSA. At the end of the month we will begin the Principal Challenge at each school to prepare our students for the annual Demarest 5K. Don't forget this week on March 7th at 6:30pm at LLE we have our PTO Board Meeting which is open to the public so please have your ideas or concerns heard and come! Have a fantastic week!

Please remember to check the PTO website for news and announcements and feel free to email us at president@demarestpto.org for opportunities to volunteer, ideas, or questions.

Have a great week!

-Sara and Lorna

37TH ANNUAL Demarest 5k

run for your health

The **Principal's Challenge** starts in just THREE weeks! Get your school-aged kids registered for this amazing 7 week training program! CRS meets Thu 3-4 pm, LLE Tue 3-4 pm, DMS Wed 3-4 pm. All participating students received a Principal's Challenge T-Shirt and light snacks provided. For more info and to REGISTER, go to www.demarest5k.org. Questions? Email demarest5k@demarestpto.org.

2018-19 Speaker Series!



pw.eventbrite.com

DR. PETER WALSH

Healthy Habits to Decrease Stress in Children 3-Part Series

February 25 7:00-8:30 PM
Northern Valley Regional High School Old Tappan

March 11 7:00-8:30 PM
Northern Valley Regional High School Demarest

April 1 7:00-8:30 PM
Northern Valley Regional High School Old Tappan

Join Dr. Peter Walsh for a 3-part series of interactive parent learning sessions focusing on the emotional needs of students. Dr. Walsh is the founding partner of the Park West Practice, an outpatient practice specializing in interventions for children, adolescents and adults (and their family) dealing with anxiety and depression.

Your input and active engagement will add to each evening's learning. All Northern Valley parents are welcome to attend any or all of the free sessions.

For more information visit our website: <https://tinyurl.com/NVSpeakerSeries>

Northern Valley Schools
Office of Curriculum and Instruction
162 Knickerbocker Road • Demarest, NJ 07627 201-768-2200



Mark your calendars! The Northern Valley Curriculum Center will be presenting **Healthy Habits to Decrease Stress in Children** with Family Psychiatrist, Dr. Peter Walsh as part of their interactive Speaker Series. Each evening will be a unique discussion on decreasing children's stress: **February 25, March 11 and April 1**. All Northern Valley parents are welcome to attend any or all of the free sessions. Details can be found here: <https://tinyurl.com/NVSpeakerSeries>



Spring Enrichment make-up classes due to the snow day on Tues 2/11 will be on Tues 3/26. The Hola Espanol makeup class will be on Fri 3/29.

MONTAMMY COUNTRY CLUB
ALPINE, NJ

FRIDAY, MARCH 22, 2019
8PM - 12AM

WIN PRICELESS EXPERIENCES!

TV Tapings...

Exclusive School Experiences...

Backstage Tour of Metropolitan Opera...

PLUS Dining, Shopping, Beauty, Kids' Activities...

& MORE!

Demarest

CLICK HERE FOR SPRING FUNDRAISER TICKETS AT MSA STORE
EARLY BIRD PRICING ENDS MARCH 1, 2019

NORTHERN VALLEY GREENWAY

Make YOUR GREENWAY YOUR WAY at NJDOT Public Information Session
Tues, March 5, 5-8 pm
Snow Date March 7
NVRHS Demarest

The Northern Valley Greenway (NVG) plans to preserve and convert over 7 miles of unused train tracks running through Tenafly, Cresskill, Demarest, Closter, Norwood and Northvale into a multi-use, family-oriented recreational pathway for biking, running, walking and more. This event will give you the opportunity to review draft exhibits of the planning-level study findings, ask questions, express your views and discuss any concerns. Come at any time convenient for you. For more info, visit www.northernvalleygreenway.org or contact Todd Adelman, tadelman1@gmail.com.

Give the gift of literacy! You can help teachers in under-resourced schools throughout New Jersey build their classroom libraries by donating your new and gently used children's books to the **Project Cicero Book Drive** from February 1 - March 13. Donation boxes are at CRS, LLE and DMS. Please: no text books, adult books, reference books, or library discards. If interested in volunteering, visit



Read Across America Author Visits

Raakhee Mirchandani, author of *Super Satya Saves the Day*, visited CRS recently, while Gita Varadarajan, co-author of *Save Me a Seat*, visited LLE. The children truly enjoyed the insights these authors shared. The PTO supported the author visits and donated copies of *Super Satya Saves the Day* to all CRS classroom libraries and purchased *Save Me a Seat* for the entire LE student body. Special thanks to Sandhya, Chris and Irit for bringing this amazing opportunity to the students. Please click on the photos for links to pics from these author visits.

PROJECT
CICERO
NORTHERN NEW JERSEY

<http://www.projectcicronnj.org/volunteers.html>
. Thank you for making our annual participation a success!

Support Demarest PTO.

When you shop at [smile.amazon.com](https://www.smile.amazon.com), Amazon donates.

[Go to smile.amazon.com](https://www.smile.amazon.com)

amazonsmile



DEMAREST PARENT TEACHER ORGANIZATION

A Tradition of Serving Demarest Schools for Over 75 Years

New members can always join the PTO at [join.myschoolanywhere.com](https://www.join.myschoolanywhere.com). Use the join code **demarestpto** and purchase a family membership.



Supermarket Gift Cards are available for purchase. When you buy Shop Rite or Stop & Shop gift cards from the PTO, you get the full value of the card, PLUS 5% of

your purchase is placed in a personal family account for your child's 6th and 8th grade trips. Find link to purchase cards here:

<https://demarestpto.org/2016/06/07/supermarket-gift-cards/>. Questions? Contact supermarketgiftcards@demarestpto.org



Got news?

If you have something to contribute to the newsletter, please send your information to ptonews@demarestpto.org. Approved news received by *Friday* will be published in the following week's newsletter.



To keep aware of PTO

happenings including these newsletters, please check into our website frequently at www.demarestpto.org. Follow and like us on Facebook at [Demarest PTO](https://www.facebook.com/DemarestPTO) and [Demarest 07627](https://www.instagram.com/Demarest07627) and on Instagram.