

**Demarest Middle School  
Demarest, New Jersey**

**GRADE 8 WASHINGTON, D.C. TRIP**  
**Trip Rules, Regulations, and Guidelines**

**FORM #1**

While visiting Washington, D.C. you will be representing Demarest Middle School as well as the community of Demarest. This trip is meant to be both an educational and enjoyable experience for everyone.

**Clothing:**

1. Bring clothes for warm weather, but include a jacket or sweater.
2. Neat and clean clothing are required. No short shorts or tank tops.
3. Wear comfortable shoes or sneakers.
4. Bring rain gear such as an umbrella or raincoat.
5. Wear a watch so you can stay on schedule.
6. One suitcase and one carry-on are allowed.

**Packing:**

1. Buy your camera film (if needed) at home. Disposable cameras are great! They should be labeled with your name or initials.
2. Label your suitcase and carry on.
3. iPods and music players are allowed on the bus, providing they have headphones.
4. Cell phones are permitted with parental permission.
5. NO GAMING SYSTEMS ALLOWED. Hand held systems are permitted.

**Traveling/Sightseeing:**

1. Please remain quiet while the tour escort and step-on guide are on the microphone.
2. Please refrain from using your cell phone, iPod, headphone/ear buds during tours or while the guides or chaperones are speaking.
3. At no time should you stand while the bus is in motion.
4. Only a certain amount of time will be spent at each site.
5. NEVER WANDER OFF BY YOURSELF FOR ANY REASON AT ALL. THIS INCLUDES RESTROOMS. YOU SHOULD NEVER BE ALONE. ALWAYS TRAVEL WITH A BUDDY.

**In the Hotel:**

1. Your room captain will carry your room key at all times.
2. When we first check in, check your room for enough towels, soap, etc. Also make sure the TV, air conditioner and radio work. DO NOT CALL THE FRONT DESK. Please alert your chaperone. They will compile a list of problems.

3. The door to your room should be locked at all times.
4. You will be held responsible for any damage you cause and will be required to pay for it before leaving. All rooms will be checked before we depart.
5. DO NOT CALL HOME FROM YOUR ROOM PHONE. All long distance calls should be made from your cell phone.
6. The district reserves the right to inspect all bags/rooms to ensure the safety and wellbeing of all students.

**Spending Money:**

1. You will need to bring money to purchase souvenirs, items of a personal nature and meals not included in the tour. See itinerary for details.
2. You are responsible for your own money and its management. Keep it in a safe place. Chaperones cannot be responsible for replacing lost money or covering expenses if you overspend.

**ABSOLUTELY:**

1. NO SMOKING
2. NO ALCOHOLIC BEVERAGES
3. NO BEHAVIOR THAT MAY ENDANGER YOURSELF OR OTHERS
4. NO STUDENTS ALLOWED OUT OF THEIR ROOMS AFTER CURFEW

Any violation of the rules, or any conduct that the chaperones feel is inappropriate will result in parental notification, the cancellation of your tour, and your swift return home at your parents' expense. Please sign the bottom of this sheet and return to your homeroom teacher.

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Student's Name \_\_\_\_\_

We have read and understand the guidelines for the 8<sup>th</sup> Grade Washington, D.C. Trip. We pledge that we are willing to assume responsibility for appropriate behavior.

\_\_\_\_\_  
Student's Name (Please Print)

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Parent/Guardian's Name (Please Print)

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date